FOR THE TIMID

- 1. Go for a walk with a neighbor or friend.
- 2. Make conversations with others in line at the store.
- 3. Do an act of service for a friend or a neighbor.
- 4. Follow all the Apostles and Prophets on Facebook, Instagram and twitter (any social media).
- 5. Like, repost, reshare, retweet any of the Apostles and Prophet's social media posts.
- 6. Study the Book of Mormon in public (during a break at work or in a waiting room at the doctor's office).
- 7. Donate to the ward mission fund.
- 8. Get to know the missionaries serving in your ward and pray for them by name.
- 9. Pray for the missionary efforts in your area.
- 10. Put a missionary's name on the temple prayer roll.
- 11. Write to missionaries from hour ward or from your family.
- 12. Purchase copies of the Book of Mormon to leave in Hotel rooms. Write your testimony in them.
- 13. Ask a friend to teach you a talent or skill.
- 14. Take your neighbors family home evening treats.
- 15. Send post cards to your friends when you are on trips.
- 16. Support youth in your ward at school or civic activities.
- 17. Invite the missionaries over for dinner.
- 18. Have the missionaries teach your family a missionary lesson.
- 19. Attend ward convert baptisms.
- 20. Include a gospel theme in your social media, such as Facebook.
- 21. Learn more about what is important in your friends life.
- 22. Encourage others to prepare to serve full time missions.
- 23. Do random acts of kindness.
- 24. Have a cheerful countenance.
- 25. Give your friend something from your garden.
- 26. Share your passion or hobby with your friend.
- 27. Fast and pray for a stronger testimony of missionary work.
- 28. Increase your Christmas card list every year with friends.
- 29. Have a family home evening on missionary work.
- 30. Research and read conference talks on missionary work.
- 31. Write about your mission in yur life history.
- 32. Publicly live your religion.
- 33. Sit by someone new at work or at school.
- 34. Get to know your ward mission leader.

FOR THE COMFORTABLE

- Donate a copy of the scriptures and other church books to local libraries.
- 2. Post inspiring posts on social media that are gospel principle based and ask an inspired question.
- 3. Join your community's inter-faith council.
- Ask a long-distance friend to zoom with you and your local missionaries. Introduce them and study a gospel topic like "faith" together. See where it goes.
- . Pray with your friends when they are going through a trial.
- Become familiar with the background of the Book of Mormon and be able to give a basic explanation in one minute or less. Practice with family and or/friends.
- 7. Write a letter to your city, county, and national elected leaders encouraging them to vote for family values.
- 8. Volunteer to work at schools or other civic organizations.
- Invite your friends to church activities.
- 10. Share your testimony in church about missionary work.
- 11. Pray for a missionary experience.
- 12. Talk to your friends about the principles for happier living.
- 13. Invite a friend to dinner or family home evening.
- 14. Invite new neighbors to church.
- Get involved in local affairs.
- 16. Write thank you notes to neighbors.
- 17. Ask your friends about their religion.
- Become active in your friends' activities that involve their children.
- 19. Invite a friend to Join you in an activity you are already doing. (Pickleball, lunch outings, trips to the park)
- 20. Pass along positive-themed emails with your friends.
- 21. Send welcoming notes to recently baptized members.
- Invite recently baptized members into your home for a meal or family home evening.
- 23. Help your neighbors with their garden or yard work.
- 24. Next time you are inviting a member of the church to do something, call a non-member friend to join you.
- 25. Leave gospel related reading material around your office.
- 26. Invite a friend or acquaintance to help with decorating or a set-up at a church activity.
- 27. Create and agree on a family mission plan.
- 28. Be active in your school or community.

FOR THE BOLD

- 1. When asked about your weekend by friends, co-workers, etc. mention you attended church.
- 2. Give the book of Mormon as a gift for a birthday, Christmas, Easter or another special occasion.
- 3. Select a scripture from the Book of Mormon and include it in a greeting card for a friend.
- 4. Share an appropriate scripture with a friend or acquaintance having a difficult day.
- 5. When you come across a scripture that is particularly meaningful to you during your study of the book of Mormon or general conference, think of a friend or acquaintance who might appreciate the message and share it with him or her.
- 6. Learn a favorite scripture from the Book of Mormon in another language. Be able to recite it to a friend or acquaintance who speaks that language.
- 7. Let friends or co-workers know how you observe the Sabbath.
- 8. Invite missionaries to birthday parties or other social events in your home when friends or acquaintances or relatives who are not members of the church will be present.
- 9. Invite your friend to get involved in family history. Show them the Family History app.
- 10. Support a cause that reinforces gospel principles.
- 11. Invite missionaries to have dinner with you in the park or a public place
- 12. Offer your home for the missionaries to teach a discussion.
- 13. Give your teacher a thank you card or gift.
- 14. Hand out pass-along cards and or/copies of the Book of Mormon or invite them to download the digital copy of the Book of Mormon.
- 15. Run for an elected office at school or in the community.
- 16. Pray for guidance about who you could ask to receive the missionary lessons.
- 17. Invite friends to sacrament meeting when you or the missionaries are speaking.
- 18. Ask schoolmates or co-workers about their beliefs.
- 19. Fast and pray for a mission experience in your life.
- 20. Doorbell ditch friends and /or neighbors with gospel-themed care packages.
- 21. By the end of a conversation, make sure they know you are a member of the Church of Jesus Christ of Latter-day Saints.

22 Invite friends to a youth/adult fireside or institute class.

- 23 Give your friend a church brochure (ask your home ward ,missionaries for them).
- 24 Share faith promoting experiences with your friends.
- 25 Give your friend a come follow me manual or share an on-line version with them.
- 26 Invite a friend to meet the missionaries and learn more about the Church of Jesus Christ of Latter-Day Saints.
- 27 Give a church book or conference report magazine to a friend or teacher.
- 28 Invite a friend to the many activities held at the temple grounds and visitors' centers.
- 29 Give a friend some genealogy research you have done for their family line
- 30 Ask a friend if they want to have all their sins forgiven and be baptized a member of the Church of Jesus Christ of latter-Day Saints.
- 31 Tell people that you are a member of The Church of Jesus Christ of Latter-day Saints.
- 32 Attend your friends church at Christmas, Easter, or any Sunday.
- 33 Give a friend a family home evening manual and share with them how it brings your family closer together.
- 34 Give subscriptions to church magazines.